

Happenings

July 2019



Coming of Age, Liver Spots and All

Former host of St. Louis Public Radio's "St. Louis on the Air," Don Marsh brought discussions of significant topics to St. Louis listeners every weekday at noon for many years. Active in journalism for 58 years in print, radio and television, Don Marsh will share his insight and sixth sense about aging to Bethesda Women's Board this Fall. Marsh recently authored "Coming of Age, Liver Spots and All: A Humorous Look at the Wonders of Getting Old."



FALL LUNCHEON
September 24

Women's
BETHESDA Board

DON MARSH
COMING OF AGE,
LIVER SPOTS & ALL

Tuesday, Sept. 24 | 11:30 a.m.
Deer Creek Club

Contact Bethesda Health Group Foundation, 314-800-1981 for details on how to join the Women's Board.

Emerson Charitable Trust Funds Staff Development Opportunity

Bethesda Health Group Foundation recently received a commitment for \$200,000 from Emerson Charitable Trust to fund its Senior Caregiver Workforce Development Program, an educational program that prepares entry-level workers to become Certified Nurse Assistants (CNAs) and Certified Medication Technicians (CMTs).

On April 30, seven Bethesda employees completed the first series of classes preparing them to become CNA caregivers. Congratulations to:

- Brandy Butler and Lakeisha Simpson (Bethesda Senior

- Support Solutions employees)
- Grace Kenyon (Bethesda Dilworth employee)
- Daniel Calmese, Alexis Ruffin, Carlton Underwood and Tim Whittaker (Barnes-Jewish Extended Care employees)

Grant proceeds from Emerson Charitable Trust help fund the delivery of course curriculum, scholarships and program essentials like scrubs and transportation. Each took the classwork on their own time, and continued to work full-time at Bethesda while they completed their courses. The next class begins Aug. 6. Contact Dottie Schaeffer for more information 797-5782.



Big Winners in Honor of 130 Years

This year Bethesda celebrates its 130th Anniversary. From our humble beginnings as an organization that cared for aging women and abandoned children, Bethesda has grown into an award-winning organization that provides the full spectrum of offerings for seniors. In honor of Bethesda's auspicious anniversary, Bethesda offered a chance to win 30 percent off their next Bethesda bill for all eligible residents and power of attorneys. George and Dorothy Seper, residents of Bethesda Terrace, are the lucky winners of this fabulous discount.

"We moved to Bethesda Terrace in 2017 and have loved every minute. We never thought that joining the 130th Club in celebration of Bethesda's birthday would bring such a wonderful gift to us! It's comforting knowing Bethesda has helped seniors for generations and our support will help ensure that Bethesda will be around for another 130 years."

Another big winner is Brandy Butler, CNA in Home and Community Based Services, who won a free vacation day in honor of our 130th Anniversary. Congrats to our winners!



Hearts for Our Homes Raises Upward of \$143,000

Bethesda's spring fundraising campaign, Hearts for Our Homes, raised nearly \$143,000 from generous residents, families and friends. This fundraising initiative was a labor of love for many communities, especially Bethesda Terrace, who alone raised more than \$20,000. Led by employee ambassadors Marie Bartels and Debbie Gould, who were determined to take home the bragging rights for

the traveling trophy for their community, an award given to the Bethesda community who has the best fundraising results.

The capstone event for Hearts for Our Homes is its annual Trivia Night held this year at Bethesda Dilworth on June 7. The winner of this year's Trivia was a table of Friends of Village North. Hawthorne Place received the honors of having the Best Decorated Table and Bethesda Orchard was recognized for the Most Delicious Food, a competition anyone would love to judge. Along with mind boggling Trivia, guests enjoyed a silent auction of more than 50 baskets, lots of food and drink, and fun and games.



Marillac Mission Fund

Awards Bethesda \$45,000

Marillac Mission Fund (formerly Daughters of Charity Foundation of St. Louis) recently awarded grant to fund stipends for Home Health Gap Assistance.

Led by Deni O'Malley, Director of Home Health and Hospice, she explains that we frequently care for seniors who face significant barriers when they return home from the hospital and post-acute care facilities. "With many seniors falling into the weakening safety net for social services, they often cannot wait for the time it takes for resources to "kick in" and provide assistance. By providing scholarships to cover the costs of these immediate needs, a Home Health Gap Assistance program will greatly ease the stress of a transition to home and prevent costly readmissions," says O'Malley.

Good People Doing Good Things

John Denu is one of those employees who works behind the scenes keeping the exterior of Bethesda properties looking good. John not only performs



routine care and maintenance of the grounds, he prepares for seasonal events, such as making sure annuals

are in by Mother's Day, hanging holiday lights, clearing snow and helping Foundation install donor bricks.