

Sample Menu

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Assorted Juice Hot or Cold Cereal French Toast Sausage/Bacon Milk/Beverage	Assorted Juice Hot or Cold Cereal Scrambled Eggs Sausage/Bacon Milk/Beverage	Assorted Juice Hot or Cold Cereal Scrambled Eggs Sausage/Bacon Hash browns Milk/Beverage	Assorted Juice Hot or Cold Cereal Pancakes Sausage/Bacon Milk/Beverage	Assorted juice Hot or Cold Cereal Scrambled Eggs Sausage/Bacon Toast Milk/Beverage	Assorted Juice Oatmeal Scrambled Eggs Sausage/Bacon Milk/Beverage	Assorted Juice Hot or Cold Cereal Scrambled Eggs Fruit Cup Muffin Milk/Beverage
LUNCH	Vegetable Beef Barley Soup Baked Chicken Mashed Potatoes Green Beans Dinner Roll Boston Cream Pie Coffee/Tea	Vegetable Soup Beef Stroganoff Baked Zucchini Dinner Roll Pecan Pie Coffee/Tea	Chicken Noodle Soup Lasagna Peas Mixed Green Salad Breadstick Chocolate Cream Pie Coffee/Tea	Chicken & Rice Soup Chicken Drumettes Broccoli Mashed Potatoes Dinner Roll Mixed Fruit Coffee/Tea	Italian Wedding Chicken Fettuccine Stir Fry vegetables Bread Sticks Assorted Cakes Coffee/Tea	Minestrone Soup BBQ Pull Beef on Bun Relish Plate Corn Assorted Cakes Coffee/Tea	Broccoli Cheese Spaghetti w/Meat Sauce Green Beans Garlic Bread Pumpkin Pie Coffee/Tea
DINNER	Country Fried Steak Country Gravy Macaroni and Cheese Capri Vegetables Chocolate Chip Cookie Milk/Beverage	Chicken Tenders Herbed Rice Asparagus Pound Cake Milk/Beverage	Chicken Noodle Soup Grilled Turkey and Cheese Pasta Salad Fruit Cup Milk/Beverage	Chicken & Rice Soup Autumn Chicken Salad Sandwich Cucumber and Onion Salad Ice Cream Milk/Beverage	Sloppy Joe Fried Potatoes Cole Slaw Cinnamon Pears Milk/Beverage	Baked Chicken Scalloped Potatoes Vegetable Medley Peaches w/Whip Topping Milk/Beverage	Pork Steak Green Beans Buttered Noodles Mandarin Oranges Milk/Beverage

Good Nutrition is an essential part of care in our facility. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. Your daily menu may vary slightly due to the special diet ordered by your Physician.