

BETHESDA

R E P O R T T O T H E C O M M U N I T Y 2 0 0 7



“There is only **one success**—to be able to spend **your life** in **your own way.**”

—Christopher Morley,
American Author

Mission Statement:

To be the premier provider of care and services for seniors in the St. Louis region, while maintaining financial strength and providing fulfilling career opportunities.

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Bethesda Health Group is a not-for-profit, St. Louis-based senior care organization that provides financial assistance to those residents whose daily living expenses exceed their resources.

Cover photo: Jean Cobain, Bethesda Dilworth resident.



Letter from the President

“How may we help you?”

This simple question reflects the Bethesda Health Group of today. We are an organization with an intense focus on the needs of St. Louis seniors and an equally strong commitment to offering services that improve the quality of life, wherever and however they are needed.

As a nonprofit organization, we have the distinct advantage to offer services that are right for seniors. In 2007, that mission is reflected in our reinforced strategic direction to offer individual-focused care for our residents while extending our expertise into the community.

For example, we joined with St. Andrew’s Resources for Seniors to form what will be one of the region’s largest home health agencies. Soon, we will be helping hundreds of individuals each week through our collaborative efforts.

Our expertise in caring for individuals at the end of life has evolved into a community-based Hospice service that now brings our experienced team into private homes as well as skilled nursing communities throughout the St. Louis region. We have invested in new offices and are expanding our team of Hospice caregivers to meet the growing demand for this highly valued senior service.

Rehabilitation services play a crucial role in maintaining quality of life for seniors. After a fall, a broken hip or other major medical challenge, patients need the dedicated attention of a rehabilitation specialist to resume their independence. Bethesda has redoubled its commitment to this specialty area by exploring the most effective approaches for necessary in- and out-patient rehabilitation.

We now offer post-hospitalization Rehabilitation Care (also known as Transitional Care, which is usually covered by Medicare A) at each of our four skilled nursing communities and are actively pursuing options that will allow us to care for even more seniors who are still healing after treatment.

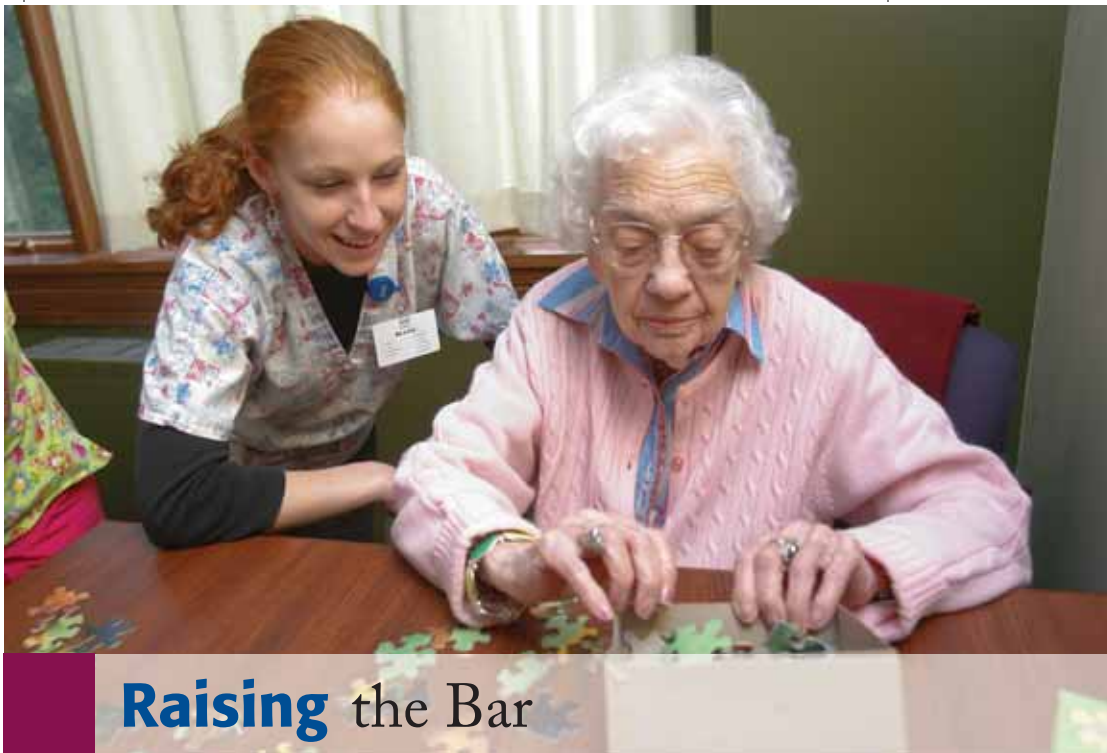
In total, 2007 was an exceptional year for our residents, our employees and our organization. In this report, you will note the many accomplishments recognized in the past several months. I personally am most grateful for the continued loyalty and innovation shown by our 1,200 employees who engage every day in improving the lives of St. Louis area seniors.

In good health,

A handwritten signature in black ink that reads "John W. Rowe". The signature is fluid and cursive, with a long horizontal stroke at the end.

John W. Rowe

President and Chief Executive Officer



Raising the Bar

Bethesda Health Group's priorities are clear—we place the care of St. Louis seniors ahead of profits. While our person-centered focus is straightforward, the process to ensure continuous quality improvement requires a persistent, multifaceted effort.

For the St. Louis seniors entrusted to our care, Bethesda works tirelessly to emphasize quality in all we do, focusing on improvements both large and small.

Regulatory Excellence

To meet and exceed regulatory requirements, Bethesda employs a professional compliance staff led by a full-time compliance officer who serves at the highest executive

level of the organization, reporting directly to the president. In addition, to ensure adherence to evolving Medicare and Medicaid regulations, Bethesda's compliance team guides each residence in the never-ending quest to enhance efficiency and quality standards.

For external oversight, Bethesda follows the principles of the American Association of Homes and Services for the Aging's Quality



First initiative. In signing its covenant, Bethesda adheres to the Quality First plan for achieving excellence in aging services and its public promise to make meaningful advances

Kelli Harris, CNA Mentor, and Gillia (Doris) Hunt set up a puzzle in the newly renovated quiet room at Bethesda Meadow.

in the care and quality of life for those we serve.

Data-Driven

The systematic collection and analysis of key performance data rests at the heart of Quality First. Accordingly, in 2007, Bethesda employed My InnerView, one of the nation's leading providers of quality-management surveys for long-term care facilities. While Bethesda has used internal surveys to gauge performance and quality standards for a number of years, this was the first time Bethesda used an external organization to solicit greater feedback and comparison measures with senior care organizations across the country.

The results were positive. Specifically, the survey respondents, including employees, residents and their families, noted the staff's care and concern as Bethesda's hallmark.

Seal of Approval

Bethesda's efforts are not only recognized by our employees, residents and their families but also

Bethesda Barclay House residents Elsbeth Crawford and Jean Goebel share a toast at the Pasta Night dinner.



Linda Degenhardt, Bethesda Southgate Activities Assistant Supervisor, leads a "Salsa Moves" exercise class with (l-r) Roger Musgrove, Genevieve Hill, and Charles Schulze.

by organizations such as the Better Business Bureau, which counts Bethesda as one of a select few senior care providers in the nation that meet its Wise Giving Alliance standards.

Possibly the most significant validation of Bethesda Health Group's excellence in senior care has come from the Joint Commission. The Commission's national accredita-

tion, known as the Gold Seal of Approval, represents one of the highest honors awarded in our industry.

It certifies that our skilled nursing communities provide our residents with superior skilled nursing care and meet the dedicated performance criteria in areas including resident

rights, resident treatment, resident safety and infection control. To earn and maintain its accreditation, Bethesda's skilled nursing communities must undergo an on-site survey by the Joint Commission team at least every three years.

While we at Bethesda are proud of our efforts and accomplishments, we will never rest on our laurels. Our commitment to the residents and our calling to be the premier provider of care and services for aging adults prompt us to continue raising the bar of excellence in senior care.



Did You Know?

In 2007, Bethesda Health Group commissioned a study by Kuhlmann Design Group to evaluate Bethesda's emergency power needs. Bethesda's Board of Directors then adopted a \$1.5-million plan to upgrade Bethesda's residences to sustain power in outages. Updates will include the upgrade and/or installation of emergency generators to maintain comfortable common areas and support food service capabilities and an increase in the residences' battery-operated emergency lighting to supply extended capabilities.



Home and Community-Based Services

Now more than ever, seniors have a choice in how and where they live. Aging-in-place is a concept borne of the desire to remain independent and live wherever one chooses. This monumental trend has spurred Bethesda Health Group on the path of innovation and customer service—to deliver needed care and services wherever a senior chooses to call home.

Home Health

In 2007, Bethesda announced a significant partnership with St. Andrew's Resources for Seniors, which will add another dimension to the continuum of care Bethesda offers. Certified Home Health Care services will now be available to all in the community.

Acting as a resource to both residents who have progressed through Transitional Care and seniors living at home, St. Andrews & Bethesda Home Health will offer a full range of services, including skilled nursing, physical therapy, occupational therapy, home health aid and nutritional support.

This program, officially beginning in early 2008, is indicative of Bethesda's commitment to offering a full range of care. Best of all, many services are covered under Medicare, and the collaboration with St. Andrew's will allow patients to maximize their benefits while enjoying the highest quality home health care.

Heather Hawkins, LPTA, Program Director of The Charles Home therapy department, shows resident Stella Seeger a range of motion exercise during the recent open house.

The addition of Home Health brings the total number of Bethesda's Home and Community-Based Services to five. We are proud to set the standard for choice and quality when it comes to all aspects of senior life, and look forward to the opportunity to increase the comfort and care of our residents in the coming year.



Kathy Stewart, Bethesda Dilworth Volunteer Coordinator, shares a laugh with resident and former volunteer Elsie Berberich.

Transitional Care

Falls, accidents and major illnesses become more common as people age—also common is the desire to get well and return home, especially for seniors challenged by recovery after a hospitalization. Transitional Care is a crucial step in ensuring a safe and healthy return home. Rest and rehabilitation are essential steps in the process and are made possible through Bethesda's Transitional Care service, now available at each skilled nursing community.

In fact, The Charless Home recently opened a new Transitional Care unit especially dedicated to post-hospitalized seniors covered by Medicare. As with the service provided at Bethesda Southgate, Dilworth and Meadow, Transitional Care at The Charless Home includes occupational, physical and speech therapy.

Respite Program

Many families choose to have older members remain living at home, yet today's active families sometimes need a break from full-time caregiv-



ing. While they “take a break” or focus intently on other pressing matters, St. Louis families have the perfect solution in Bethesda's Respite Program, which offers temporary care for their loved ones in one of Bethesda's skilled nursing residences.

Guests in the Respite Program experience all the comforts and advantages that full-time residents enjoy, including day trips, full service meals and physical therapy. Bethesda caters to individual needs and can accommodate a guest for just a few nights or up to 30 days.

Webster University students volunteer at Bethesda Dilworth by painting a mural on the fourth floor as part of the Webster Works Worldwide program.



Bethesda Hospice volunteer Carol Oppenheim (left) and Bethesda Dilworth resident Lois Adcock share a common interest in music and singing. Carol has also forged a relationship with Lois' daughter, Karen Adcock (standing), as a result of her visits.

Hospice Care

Hospice is a family-centered and precious service for many seniors approaching the end of life. Bethesda's Hospice Care is available at each Bethesda residence as well as in nursing facilities and private homes throughout St. Louis.

Our Hospice program benefits from the compassionate volunteers who assist with the program. Volunteer applicants are trained through a variety of role-playing and informational activities before making initial supervised visits. Being a Hospice volunteer is truly a unique and special calling, and those who participate experience significant personal rewards while making a dramatic difference in the lives of patients and their families.

Private Duty In-Home Care

Bethesda's Private Duty service began five years ago in response to the need expressed by many seniors residing in private homes yet requiring assistance in bathing, meal preparation and other light help. The service continues to grow almost exclusively through reputation and loyal clients who express high satisfaction with the consistency of care they receive.

Adult Day Club

Whether a trip to the winery or an afternoon spent watching a movie, seniors at the Adult Day Club at Bethesda Dilworth experience an unmatched variety of activities. Bethesda's Adult Day Club offers a convenient option for families who want their aging loved ones to continue living at home yet require daytime care so family members can work or attend to other responsibilities. The Adult Day Club offers limited medical care and an opportunity for seniors to socialize and enjoy unique comforts.

Did You Know?

Bethesda is planning an expansion for the Adult Day Club. The Club is in the process of moving to a larger facility on the Dilworth campus that will offer even more amenities and space for the club members.



A group of Bethesda Dilworth 100-plus-year-olds gather with members of the nursing team to give a “thumbs up”. (l-r) Margaurite Nauman; Mildred Sturdy; Christine Thacker, CNA; Cindi Major, RN, Nurse Manager; Irene Steinkamp; Rosie Nixon, CNA; Lieda Laane; Vicki Ahmed, CNA; Ashley Samuel, CNA; and Rosie Pruitt.



Bethesda's **Independent Living** Communities

Independent living communities continue to grow in popularity as seniors increasingly seek social, entertaining and safe environments. Bethesda Health Group is proud to offer affordable and high-quality housing options with benefits including dining, transportation and events right at the resident's door.

As one of the leading nonprofit providers in St. Louis, Bethesda Health Group brings a rare combination: a mission to care for seniors and a commitment to re-invest profits into the organization itself. Quite literally, everything Bethesda Health Group does, it does in the best interest of St. Louis seniors.

With a century-old reputation for excellence and a

staff committed to top-tier care, Bethesda residents enjoy living in apartment and patio home communities throughout the St. Louis area. Whether they choose to venture into attached gardens or travel into the countryside for a view of fall foliage, seniors live as they choose in Bethesda Health Group residences.



Children scramble in search of eggs at the annual Easter egg hunt at Bethesda Orchard.

Bethesda Orchard residents Dorothy Kuchem and Audrey Mueller enjoy a game of cards on the computer.

Bethesda Orchard

Inside and out, Bethesda Orchard has it all. Orchard residents are entertained watching the big-screen television in the new multi-purpose room or walk through the garden to soak up the sun. New treadmills and elliptical machines added in 2007 offer exercise opportunities to maintain wellness and to stay in shape for the many active day-trips taken by Orchard residents.

Orchard's convenient location in the Old Orchard area of Webster Groves gives residents access to all of the commercial and cultural offerings of the area, allowing the seniors to be active members of this vibrant community.

Bethesda Gardens

This year was an historic one for Bethesda Gardens, as it marked the grand opening of the 56,000 square-foot addition, featuring 43 apartments, a social lounge, recreation center, large patio and enclosed walkways connecting back to the original residence.

The construction, which started in 2006, created additional spacious apartments while maintaining the friendly atmosphere for which the Gardens is known. The expansion was built to match the growing demand for high-quality independent living in the Kirkwood area, close to many venues often frequented by our residents.

Throughout construction, our residents were as active as always, enjoying events such as barbeques, outdoor community gatherings and themed dinners.



John Rowe addresses the crowd at the Ribbon Cutting Ceremony to celebrate the opening of the addition to Bethesda Gardens.

The Oaks at Bethesda

The patio homes offered at The Oaks at Bethesda fill a distinct need for some St. Louis seniors—those who seek privacy and independence wrapped in a carefree package. These new homes, located on the Bethesda Dilworth campus, have been especially popular and are nearly completely occupied.

As the community has welcomed its residents, a true sense of neighborhood has taken hold in the last year. Residents gather in their clubhouse social center with amenities such as a big-screen television, a library and an exercise room.

Barbeques and a relaxing patio entice the neighbors to remain active, enjoying their new home and new found sense of community.

Bethesda Terrace

South County was treated to something special when E.T., Elliot and the rest of the gang graced the silver screen at Bethesda Terrace for an outdoor movie night extravaganza. As part of the ongoing commitment

to community interaction, Bethesda Terrace movie night provided residents and their neighbors the chance to enjoy a big-screen classic hosted by the staff and residents. The movie night, presented by the Bethesda Health Group Foundation, was made possible by the generous support of many area businesses, including AXA Equitable, Bartels-Missey, Southside Lions, Mehlville Lions and St. Louis Pizza and Wings.

In keeping with the idea of community outreach and involvement, Bethesda Terrace has partnered with a local Cub Scout pack to provide unique experiences for the young and young at heart. The seniors and scouts have enjoyed activities together, story time and just learning about each other. Truly, all ages have enjoyed spending time at Terrace this year!

Ongoing renovations keep all residences up-to-date, and Terrace enjoyed its own polishing this year, including the installation of upgraded lighting, new furniture and other remodeling.

Members of the Oakville community join Bethesda Terrace residents and family members for an outdoor movie night.



Bethesda Barclay House

As the mercury climbed this summer, the Bethesda Barclay House pool proved ever more popular for residents and guests from other Bethesda communities who enjoyed a cool swim, a water aerobics class or the occasional pool party. Located in Clayton, across the street from Shaw Park, Barclay House hosted many resident events this year, from Oktoberfest to wine tastings and off-site dinners.

Regular excursions to Forest Park helped the residents keep up with everything from current exhibits to the newest additions at the zoo, while new furniture in the common areas

keeps the community stylish and comfortable.

Bethesda Barclay House is also proud to welcome a new general manager, John Campisi, who carries on the Campisi family tradition of hospitality and customer service (his grandmother was the namesake for The Hill favorite Mama Campisi's restaurant.) His leadership at Barclay House has already included a special Pasta Night dinner, featured in the *St. Louis Post-Dispatch*.

John Campisi, Bethesda Barclay House General Manager, reviews the Pasta Night menu with dinner guests.



Did You Know?

Gifts to the Bethesda Health Group Foundation fund expanded and enhanced senior programs such as The Foundation of Good Health Seminar Series. Held at each senior living community and open to friends and family of our residents, the topics include "Talking With Your Doctor," "How to be a Good Patient Advocate," and "Medications, Medications, Medications!"



Our **Skilled Nursing** Residences

Bethesda Meadow

Bethesda Meadow continues to deliver residents an unparalleled experience with expert, compassionate care. Meadow was proud to unveil Phase 2 of the beautiful Promenade, which features peaceful and artistically designed walking paths, professional landscaping and shaped hedges. The newly dedicated “Jeanne Felker Bland Promenade” gives residents access to a park-like setting and enables them to enjoy the beautiful outdoors of west St. Louis County.

Thanks in large part to the Promenade, Bethesda continues to hold “Meadow Mixers.” Everyone benefits from these gatherings, as generations come together to enjoy good company, music and food in

what has become a hallmark of Bethesda Meadow.

Renovations to the Memory Care Unit, including an enclosed patio and remodeled quiet room, highlight some of the transformations that have added comfort to the structure of Meadow. Meanwhile, stimulating and unique activities continue to abound for residents.

Jeanne Bland, President of Bethesda's Women's Board, at the "Jeanne Felker Bland Promenade" Dedication Ceremony.



Bethesda Meadow resident Margaret Jones enjoys the fresh air with Patti Clark, RN, Weekend Nursing Supervisor.

Bethesda Southgate

This has been a busy year for south St. Louis County-based Bethesda Southgate. Already viewed as a leader in innovative and effective senior care, Bethesda Southgate has continually explored exciting and stimulating programs to complement its nationally accredited approach to care.

This year, Bethesda Southgate partnered with Wohlwend Elementary School in an initiative that brought 24 curious and enthusiastic fifth-graders into the residence for regular visits. The youngsters brought energy and laughter to the seniors, who returned the favor with nuggets of wisdom and tender loving care. This partnership was featured prominently in the *St. Louis Post-Dispatch*.



Missouri State Senator Harry Kennedy and John Rowe look on as Ken Bass reads a Proclamation from St. Louis Mayor Francis Slay declaring October 23, 2007, as The Charless Home Day in St. Louis as part of the ribbon-cutting ceremony to open the Transitional Care unit.



Southgate residents have also taken a walk on the wild side this year when they received a visit from the Gateway River Rats, whose members took residents for rides in their motorcycle sidecars.

For the young at heart, a Nintendo Wii video game system has been added to Southgate's many on-site activities. This very popular interactive computer system promotes coordination, cognition, light physical activity and healthy competition—often between residents and staff!

Bethesda Dilworth

Life for Bethesda Dilworth residents is better than ever. Located in Oakland, nestled between Kirkwood, Webster Groves and Crestwood, Dilworth offers a winning combination of best practices, comfort and a commitment to the highest quality health care. The acclaimed Dilworth Memory Care Unit continues to offer advanced services oriented for the early to mid-stage dementia and Alzheimer's patient.

Dilworth has been “home” to a comprehensive culture change taking place throughout Bethesda Health Group. Also included in this campaign are Meadow, Southgate and The Charless Home. The culture change focuses on the concept that each resident is cared for as an individual, rather than as a member of a medical group. Our employees recognize that each resident is a person who has lived a full life, each with their own stories, memories and habits. Our unique approach to caring for individuals honors their past and invites them to live an enriched life within a Bethesda community.

A myriad of activities regularly await the residents, from a monthly Foundation-sponsored Matinee Soiree to outings with the Red Hat Society, a women's social club. Additionally, for a number of years, Webster University has committed both staff and student resources to Dilworth, by painting beautiful murals within the residence and offering musical entertainment.

The Charless Home

In 2007, The Charless Home added another service to round out its impressive continuum of care offered on its south city campus. The residence now provides Transitional Care for individuals who are leaving the hospital but not ready to go back to their home.

Distinguished by its homey charm, city location and historic presence, The Charless Home is also the only residence in Bethesda Health Group to offer licensed assisted living services as well as skilled nursing and residential care—yet another important choice for St. Louis seniors as they consider their options.



Community **Citizenship** and **Services**

Earning Industry Recognition

The Missouri Association of Homes for the Aging (MoAHA) was proud to present the 2007 E. Willis Piehl Award of Honor to Patricia Kapsar, Senior Vice President and Corporate Compliance Officer of Bethesda Health Group. This honor, given to a person who has made an outstanding contribution to the field of senior services in the state of



Pat Kapsar is the recipient of the 2007 E. Willis Piehl Award of Honor.

Missouri, was given to acknowledge Pat's commitment to service, pursuit of innovative solutions for senior

issues and longstanding history of work for MoAHA. "Pat Kapsar is our Healthcare Idol!" remarked Chris Crouch, the Vice President and Administrator of Bethesda Southgate who nominated Kapsar. "No one exemplifies passion and dedication to this topic like Pat."

In addition to Pat Kapsar, MoAHA also honored Tom Smith with the 2007 Volunteer of the Year Award. Tom has been delivering mail and smiles six days a week at



Ben Hughes, a participant in the Special School District Career Training Program, serves Bethesda Orchard residents Marti Hughes (l) and June Bynum (r).

Bethesda Meadow for the last two years. His wife was a resident at Meadow before she died three years ago, and he has since proven himself a valuable and consistent part of the Meadow volunteer community. The award, which goes to a volunteer who demonstrates unusual commitment to the preservation of the dignity, well being and independence of residents, serves as appropriate recognition to a man who truly cares for those around him. Tom also received the Outstanding Volunteer of the Year from the Long-Term Care Ombudsman Program.

Norwood Award

Peg Grigg and Marie Zucchero know what it means to serve a community. They know how to cheer people up with music, lead by example and show passion in their work. After a combined 60 years of service and countless lives changed, Peg and

Tom Smith, Bethesda Meadow Mixers on the Promenade Bartender, Auxiliary Member, and MoAHA 2007 Volunteer of the Year.

Marie Zuccheri, 2007 Norwood Award Recipient with Ken Bass.



Marie have been honored with the 2007 Norwood Award for their commitment and dedication to Bethesda. Established in

1998 to recognize individuals who exemplify the values and mission of Bethesda in their service to the organization and residents, the Norwood Award has honored some of Bethesda's most valuable and capable men and women.

Peg, a founding member of Bethesda's Women's Board, has shown passion and ability in promoting health care for seniors with a focus on helping Alzheimer's patients. Marie

has held a variety of volunteer



Peg Grigg, 2007 Norwood Award Recipient with Ken Bass.

Mary Paasch, Bethesda Meadow resident and Volunteer at the 2007 Senior Olympics, awards a medal to a victorious participant in track and field.



leadership positions at Bethesda Dilworth, in addition to playing piano and singing with the "Ding-a-Lings," who serenade residents in the dining room and residence floors every Thursday.

Peg and Marie join a prestigious group of past recipients, including John F. Norwood, Mrs. Howard T. (Jeanne) Bland, Albert O'Brien, Dr. Robert C. Drews, Gilbert Novotny, David L. Fleisher, Charles G. Schott, Jr., Dr. Bray O. Hawk, Arthur E. Wright, Jr., Earl K. Dille, Mary F. Hamm, Dr. James D. McKelvey, John P. Baird, Mrs. John J. (Jackie) Shillington, Doris Svoboda and Joseph E. Birk, Jr.

Senior Olympics

Bethesda was a sponsor of the 2007 Senior Olympics track and field events. The track was ablaze with sprinting, jumping and throwing as Bethesda Health Group employees

and volunteers were on hand to time events, measure distances and hand out medals. When all was said and done, Bethesda was proud to be part of an event that promotes St. Louis senior health and well being, and looks forward to returning to the Olympics next year to see more feats of strength and speed from local seniors.

Special School District

As part of our ongoing commitment to the community, Bethesda partners with the Special School district of St. Louis County in a cooperative agreement to establish vocational training for students of the district and help them develop critical skills to pursue a future career in senior care and services. Bethesda is proud to make this work experience available.



Bethesda **Employees**

Our employees are the foundation on which all Bethesda communities and services are built. We know that in order to provide residents with the best care, we need to continually invest in our employees—helping them to be satisfied in their careers while always advancing their professional knowledge and skills.

Each of our 1,200 employees enjoys the support of an organization committed to their long-term well-being. We value the individuals who work together to provide the best possible care for our residents, always aware that each employee contributes his or her own unique skill set and knowledge.

Bethesda employees show their commitment in a number of ways every day. We are particularly proud of the low turnover rate among staff and

the high occurrence of individual generosity. In fact, in 2007, 75 percent of our employees “gave back” and made a charitable donation to the Bethesda Health Group Foundation in our annual Employee Appeal.

In the past year, Bethesda has introduced the School at Work program, which is designed to offer a variety of educational services, from brush-ups in basics like

Participants in the School at Work (SAW) program included Sharon Bornefeld, Nursing Administration Secretary; Sharon Bateman, SAW Coach (standing); and Cathy Taylor, Housekeeping Supervisor.



Cindi Major, RN, Nurse Manager, and Jeffrey Craft, Food Service, serve lunch-to-order for Bethesda Dilworth residents.

communication and math, to advanced coursework in medical terminology and technology. We encourage our staff to enroll with any number of goals in mind. While some staff members seek to earn a higher education degree, others just appreciate the opportunity to learn about new advances in caregiving.

We are proud to have graduated our first class of the School at Work program, and look forward to providing top-level professional development for our staff members, who in turn pass the excellence on in their care and services. By investing in our employees, we are ensuring their future and the healthy future of Bethesda—something that benefits each of us.



Bethesda Health Group **Foundation**

Bethesda Health Group Foundation

The Bethesda Health Group Foundation, also a non-profit organization, supports Bethesda Health Group in providing a comforting and caring lifestyle for St. Louis seniors. Specifically, the Foundation was established to offer benevolent care for seniors who have outlived their assets, to develop new or enhanced senior programs and to expand our senior residences. Generous charitable contributions have funded the Foundation throughout its time-honored history.

Tribute Gifts

Bethesda residents, family members, friends and employees make tribute gifts through donations

to the Bethesda Health Group Foundation to celebrate special occasions, such as birthdays, holidays, or to recognize a job well done.

Guardian Angel Program

The Guardian Angel Tribute Program gives our long-term care residents and family members the opportunity to express their gratitude and recognize staff members they feel are going above and beyond through their extraordinarily loving and compassionate approach to providing care.

Guardian Angel Tributes may honor any member of our caregiving team including nurses, CNAs, activities staff, social workers, dietary staff, housekeepers, facilities staff—anyone who serves with a heartfelt passion to make a difference in the daily lives of our residents.

Bethesda Orchard residents Jane Brown, Sophie Lockard, Russell and Doris Schoenbeck, and friends of the Schoenbecks join in the Foundation of Good Health seminar "Medications, Medications, Medications!" sponsored by the Bethesda Health Group Foundation.

The Bethesda Health Group Foundation hosts an annual induction ceremony for employees who are recognized with Guardian Angel Tributes. Residents and family members who make Guardian Angel Tributes are invited to attend, and if they like, participate in the ceremony. In addition, Guardian Angels are acknowledged in internal publications, in a Guardian Angel display at their residence, and the Guardian Angel recognition is placed in their permanent employee record.

Guardian Angel Tributes provide affirmation for Bethesda employees that their efforts to provide extraordinary care on behalf of our residents are appreciated. Also, the Tribute donation provides support for Bethesda Health Group Foundation programs that benefit our residents.



Memorial Gifts and Gifts for Bethesda Hospice Care

We feel it is a very special privilege to have the Bethesda Health Group Foundation designated as a recipient of memorial gifts at a time of loss for a family whose loved one was in Bethesda's care. Memorial gifts are a unique expression of love and friendship. Families often direct memorial gifts to support an area of significance for their loved one such as Bethesda Hospice Care, or a specific Bethesda residence. It is our sincere hope that family members and friends of our residents find comfort and a sense of peace in the knowledge that these memorial gifts, made in their loved one's honor, support the special care and services provided by our Bethesda team of caregivers.

Bethesda Legacy Society

The Bethesda Legacy Society recognizes individuals who have invested in Bethesda's future by making annual charitable gifts to the Bethesda Health Group Foundation of at least \$500 or who have named Bethesda as a beneficiary in their

estate plans. The Bethesda Legacy Society currently has more than 120 members.

Members of the Bethesda Legacy Society receive invitations to our annual appreciation event plus periodic mailings and other special recognition. A highlight of our 2007 donor appreciation event was a presentation by Charlie Brennan of KMOX Radio who discussed his insights on the history of St. Louis.

Charitable Gift Annuity Program

Available to individuals who are 65 years of age or older, Bethesda Charitable Gift Annuities offer donors an opportunity to receive quarterly income for life, at favorable interest rates, with potential tax benefits, while supporting the mission of the Bethesda Health Group Foundation. Charitable Gift Annuity donors become lifetime members of the Bethesda Legacy Society.

Information on Making a Gift

To learn more about making a charitable donation to the Bethesda Health Group Foundation, contact

Marcia Quint, Director of Development, at 314-800-1988 or email mjquint@bethesdahealth.org. We also invite you to click on the Gifts button of our Web site www.bethesdahealth.org.

Bethesda Orchard resident Nancy Hasenmueller and her daughter, Vicki Streb, stop at the antique mirror in the lobby, a family heirloom donated by Jackie Shillington of the Bethesda Women's Board and Advisory Board for Orchard residents to enjoy.



Our Donors

Our special thanks go to the following donors for your generous support through your charitable gifts to the Bethesda Health Group Foundation. This listing reflects gifts received from July 1, 2006, through June 30, 2007. Our apologies for any errors or omissions.

Legacy Society

Pillar Level (\$10,000+)

Blanche Bordley-Bethesda
Fund of the Saint Louis
Community Foundation
Margaret B. Grigg
John M. Wolff Foundation

Founders' Level (\$5,000-\$9,999)

Bethesda Meadow
Auxiliary
Bethesda Women's Board
Irene Cermak

Independence Level (\$2,500-\$4,999)

Frank Ruf-Bethesda Fund
of the Saint Louis
Community Foundation
Katherine Stauffer
Charitable Trust

Empowerment Level (\$1,000-\$2,499)

John and Virginia Baird
Inga Ball
Thomas and Joan Bayer
Jeanne Felker Bland
Joseph and Susan Brinker
George and Barbara
Clements
Mary Alice Collins
Memorial Fund of the
Saint Louis Community
Foundation
Anne C. Franchot
Earle and Suzanne
Harbison
Joseph and Patricia
Kapsar

Mel and Ruth Kohl
Mutual of America
John F. Norwood
Kevin and Marcia Quint
John and Virginia Rowe
U. S. Bank

Opportunity Level (\$500-\$999)

Jamie Aukskalnis
Melvin and Mildred Bahle
Cathy Barton
Ken and Judy Bass
Janice C. Beekman
Bruce and Elisabeth
Beeler
Martha E. Bynum
Thomas and Jennifer
Collins
Donald and Eileen
Cognata
Common Ground Public
Relations, Inc.
Linda Craig-Craig
Consulting
Tom and Christine Crouch
David and Joan Culver
Winifred E. Cummins
Marion Douth-Brunk
Linda E. Ernst
Hugh Ferringier
David and Carol Fleisher

Norvelle S. Geiger
Jim and Michelle Glass
Steven and Chris Gosik
James and Betty Howe
Douglas and Katherine
Joslin
Robert and Marilyn Kane
Peter and Susan
Krombach
John Y. Le Bourgeois
John and Mary McClure
Michael and Patricia
McGinnis
Tom Miskle
Pat L. Mueller
Northern Trust
Fred and Ida Perabo
Stella C. Pettus
Al and Julie Poelker
Rosemary Schmidt
James and Mary Sertl
John and Jackie Shillington
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Andrea L. Snyder
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Nathan M. Torno
Clarence and Janet
Turley, Jr.
Muriel Van Oordt
Harold and Mary Vance
William Wilson, Jr.

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Marty E. Beuke
Joseph and Jean Birk
Lynn Blandford
Charlotte Busch
Joe Clinton
Robert S. Edwards
Jean C. Engel
Thomas F. Flynn
Jen Francis
Candice Germany
Stephen L. Gorczyca
Anita S. Graves
Lynne Holladay
Jacqueline R. Kelley
Lorraine Magee
Darrell Marcum
Missions Possible
Foundation
Gilbert Novotny
Leslie Simon
Frances B. Stuhl
Rachel Travis
Karen Zurick

Ability Level (\$100-\$249)

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Larry and Kathleen Albright
Jill Armer
Ann Bates
Anne Booker
Kim Boyer
Marcia J. Brackman
Janie Bradford
Don Brown
Brandi Buettner
Tom Carignan
Samuel and Sonia Chetta

Jack Christophel
Vivian M. Cilufa
Nicholas and
Marian Clifford
Faye S. Compton
Gail Cordia
Dolores J. Courtney
Mary Crowden
Cam M. DeLancey
Paul Deslo
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Ethel Dimont
Evelyn L. Eldridge
James and Ellen Esther
Augusta T. Feehan
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Filippello
First Presbyterian
Church of Kirkwood
Lee and Janice Foland
Jill M. Frein
General Electric Company
Karole Green
Ed Golterman
Susan Grunik
Wade Hachman
Pattie Hellman
Erica Herman
M. Jane Hezel
Martha Holland
Jen Holle
Rosanne Holle
Martha E. Hughes
Christy F. James
Michael Jarvis
Shirley Karsznia
Lawrence R. Keller
David and Karen Ann Keske
Ronald and Janice Kiehn



Bethesda Southgate resident Mary Boon goes for a ride in a three-wheel motorcycle as part of an activity with the Gateway River Rats.

*Bethesda Southgate resident
Gladys Dahmer and her family
share a bit of Fall.*



Ann Klein
Mary Knowles
Arthur Korte
Mary Louise Krone
Robert Layton, Sr.
Sandra Luechtfeld
Arlene Lujan
Macy's Midwest
Joanne T. Manewal
Ruth W. Martin Trust
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Oliver and Marjorie
Schweizer
Bobbie R. Scott
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CherRae Shanley
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Phillip W. Turner
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Elmer B. Wagner
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Jeff and Georgee Waldman
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Janette Watt
Marilyn Weatherford
Sarita Weldon
Jackie White
Ethel V. Wilder
Lee Williams
Helen Willis
Judy Yochum

Friends (\$1-\$99)

Catherine Abellaneda
Goldie Abram
Goran Abutovic
Ashley Adams
Tracey Adams
Diana Adams
Krista Adkins
Affton Midget Minor
Hockey Team
Vicki Ahmed
George Akers
Marnette Albritton
Berta Alexander
Alesia Allen
The family of Virginia
Altheide
Sheri Amunrud
Helen J. Anderson

Anheuser-Busch, Inc.
Procurement
Department
Kristen Anthony
Don Arendt
Yvette Armstead
Danny Askew
Joan Asp
Erica Augustyniak
Emily Augustyniak
Anita Austin
Elizabeth O. Austin
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Vincent J. Baccala
Julie Baity
Barbara Baker
Tamula Baker
Debbie Baldwin
Iona L. Baldwin
Betty Ball
Jannette Bams
Mary G. Bard
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Ronald and Lena Barkey
Amy M. Barks
Charmaine Barrale
Pattaya Bartels
Marie E. Bartels
Diane Barton
Jessie Bathon
Patricia Baudendistel
Carol Bauer
Joseph and Jean Bauer
Evan Baumgartner
Caroline Beasley
Edmund S. Bequette
Kay Beckham
Greg Beckum

Karen A. Bedell
Matthew Beegle
Sharon Beirne
Jackie Bell
David and Marilyn Bell
Nancy J. Bengtson
Elizabeth Benner
Donna Bennett
Luerena Bennett
Hannah Benoist
Jana Beran
Pat Berberich
Laura Bernstetter
Maddie Berry
Tim Bess
Sonda Beste
Martha Bethany
Bethesda Orchard
Residents' Association
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Cherrell Billups
Bill Bischoff
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Brittany Blanks
Kesha Blanks
Shirley A. Bocek
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Betty J. Bohren
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Melissa Bonk
Nichole Boren
Meghan Boresi

Sharon Bornefeld
Nicholas and
Mary Lou Borusiewich
Albert Borzillo
Carl and Lucia Bossert
Titus Boyer
Sarina Boyle
Alice Bozeman
Denise Bracely
Judy Brady
Brian Bratic
Lillian Braun
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Nancy Breitenstein
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Tiffany Brewer
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James and Barbara Bryant

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John Buck, Sr
Mellissa Buckner
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Desta Burch
Amber Burda
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Christina Carey
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Charter Communications
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Torrie Collins
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Delores Constable
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Harriet Crenshaw
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Anete Cross
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Linda Crouch
Diana Crow
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Crystal City School District
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Larry and Sheila
Cunningham

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Kevin L. Curry
Mary Curtis
George H. Curtis, Jr.
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Huy Dang
Nancy S. D'Arcy
Odessa Darris
Sheryl Davis
Maynard Davis
Rochelle Davis
Phyllis Davis
James and Jane Davis
Donna Day
Melissa Debus
Nancy Deckard
Sherry Deery
Frank and Joan
DeFrancesco
Mary D. Degenhardt
Carla DeLaurelle
Slavica Delic
Donald and Shirley
Denning
John Denu
Paul Deslo
Connie Dewrock
Jean T. Diehl
Linda M. Diel
Harry and Marilyn Dillon
Tracey Dixon

Fatima Dizdarevic
Mary Ann Doering
Pat Dooley
Jackie Dorsey
Trina Douglas
Cindy Drewel
Melvin L. Drysdale
Stephen and Phyllis Dudak
Salome Dugbor
Lois L. Duggins
Kathleen Duke
Mary E. J. Duke
Randy Dukes
Melisa Dunnegan
Janet K. Duwe
Rosetta Eatmond
Becky Eaton
Larry and Colleen Eaves
Cindy Eckelkamp
Kevin Eckrich
Dennis Eddlemon
Konnie Egertson
Russyl and Carol
Emberland
Wilbert E. Engel
Pat Enlow
David and Ginger Estep
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Reynaldo Fabros
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August and Joyce Frenzel
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Monica Fry
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Sydni Gaddy
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Earcy Garrett
Ed Garrison
Lori Gegg
Wilma Geiser
Carolyn Gendron
David and Kathleen George
Jennifer Gibbs
Tish Gile
William M. Giles
Donna Gilliam
Mable Gilmore
Christine Gilmore
Tony Ginzburg

*Bethesda Southgate resident
Loretta Rackley with Maggie,
the resident pet.*





*Angie Pickett, a CNA
at Bethesda Dilworth.*

Dannielle Givans
Linda Glasstetter
Howard and Rosella
Gleason
Joseph V. Gleich
Erin Gobey
Madonna Godfrey
Janice C. Goeke
Jeffrey W. Goetz
Brittany Golden
Susan M. Goodman
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Gorman & Gorman
Geraldine Gosik
Kathryn Gougion
Priscilla Graham
Geannette Gray
B. Everett and Jane Gray
Deb Grayem
Greater St. Louis Training
Club, Inc.
Treasea Green
Michelle Gregory
Tommy Grice, Jr.
Cheryl Griffin
Gus Groghan
Gertrude Groham
Antwone Groves
Robert and Alice Guignon
Melody Guillies
Joyce Gunn
Debbie Guzenski
Simba Gwisai
Emma A. Gysbers
Sandra Hackney
John Hagedorn
Robert L. Hageman
Hiwot Hailom
Maryanne Halbauer

Millie Hall
John Hamilton
Raecheal Handson
Dorothy M. Hanpeter
Barry Hanson
Maryann Harbin
Pauline Hardin
Rodger and Renay Hardy
Lorraine J. Harkins
Debra Harrington
Kelli Harris
Marian Harris
Willie Harry, Jr.
Donald and Wanda
Hartman
Sharon L. Hawk
Michael Hayes
Ronda K. Heaton
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Fritz Heil
Nicole Hempel
Thomas and Vade
Henderson, Jr.
Dawn R. Henke
Leisha Henricks
Joyce Henry
Joyce Hercules
Regina Herkenhoff
Jessica Hernandez
Rebecca Herr
Jean Hibart
Azzie Hicks
Judy Hildreth
Mary Jane Hill-Wehrle
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Michael and Mary
Jane Hoey
Erna L. Hoffman
Lee Hoffmann

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Charline Hornberger
Marcella Hoskins
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Emily Hous
Irvin P. Howard, III
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Nicole Hrabosky
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Rachael Hudson
Lynn Hugg
John Huff
Norvell Hughes
Wendell Hundley
Kenyetta Hunter
Cindy Huseman
Carol P. Igleheart
Bridget Ivory
Joann Iwasyszyn
Brenda Jackson
Meghan Jackson
Cheryl James
Donna James
Dinka Jasarevic
Jasmine Jasarevic
Pat Jefferson
Della R. Jenkins
Shirley Jewell
Alphey Job
Andrea Johnson
Angelique Johnson
Audrey Johnson
DeMarco Johnson
Eugene Johnson

Kelli Johnson
Lee A. Johnson
Lena Johnson
Michele E. Johnson
Millicent Johnson
Pamela Johnson
Tremain Johnson
Ann Jones
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Bill Jones, Jr.
Chris Jones
Dareesia Jones
Josh Jones
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Yvette Jones
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Mary Jost
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Fruma Kane
Alisa Kapic
Marinko Karan
Dejan Karan
Lillian Karcher
Ismeta Kartal
Cassandra Karwoski
Mary Katzenstein
Jean Kautzman
Brian Kayman
Nenita Kearney
Loretta Keller
Christine R. Kelly

Gertrude Kelly
Valerie Kelly
Eleanore T. Kenney
Peggy Ketcherside
Shirley Keyes
Densil J. Kille
Sylvia Kimani
Archie Kimball
Willa Kimbrow
Amanda King
Nina King
Pat Kirland
Jelena Kitanovic
Ana Kitanovic
Diane Kitsmiller
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Matthew and Gail Knipshild
Scott Knipshild
Sherri Knirr
Henryetta N. Knobel
Lois Kobyleski
Kim Kochera
Kalynn Kochin
Barb Koehler
Kathleen Koeller
Richard C. Kohm
Kevin Komlosy
Jerry Kostadine
Ashley Krajczar
Natasha Kratochvil
Tammy Kraus
David A. Kraus
Barbara Krisch
Betty Kuester
Abdulah Kukic

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Lori Kurtz
Marie Labbe
Vickie Lacey
Sue LaChance
Laverne C. Lael
Leland Lambert
Kathy Lampe
Lola Lampley
Virginia L. Landers
Gary Landwehr
Geraldine Lange
Rae Ann Langenfeld
Carolyn A. Langer
Kristi Lanham
Ann Larson
Jackie Laster
Donald J. Laurentius
James P. Lawless
Nelda L. Lay
Clara Leak
Gladys B. Leake
Brad Leber
Daniel Lee
Cathy Lehman
James K. Lehman

Laura Lehman
Debbie Leidy
Betty Lenox
Debbie Letchworth
Bob Levy
Ethel Liddell
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Sally S. Lilly
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Jeannette H. Littich
Terri Lober
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Donna Lococo
Vicky Logan
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Mike and Lynne Lotspeich
Laurie Lott
Sheila Lucas
Martha Lybolt
Mary C. Lyles
Sandy Lynchard
Maxine Lyons
Tom Lyons
Blanche Macdonald
Octavia Maclin
Ismeta Macura

Magdalena M. Mahen
Sejla Malagic
Lisa Malone
Manchester Elks
Lodge #2058
Romaine Manhal
Arlette Mann
Evelyn L. Mann
Carol Mansfield
Mary Markowski
Stephanie Marks
Ernie Marquez
Chris Martin
Jennifer Martin
Debbie Martinez
Maria Martinez
Terrie Massey
Dale Massner
Chris Masson
Pauline Masson
Connie Maull
Ellen D. Mayes
Pat McAdams
Judy McCarthy
Bruce McCourt
Brian McCoy
Kim McCreight
Marilyn McDonald
Thomas P. McDonald
Barbara H. McDowell
Avalyn McGinley
Thelma M. McKeever
Kaitlin McKeirnan
Rodney and
Nancy McKenzie
Kendrick McKnuckles
Pat Mcleod
Jason McMullen
Sandra McPherson

Cheryl Ann Meacham
Jennifer Meacham
Clayton Melrose
Ryan Mense
Cheryl Merkel
Doug Merkle
Gloria D. Merlotti
Mary Alice Merrell
Jenny Messner
Kufa Mhandu
Debbie Michniok
Mary Mick
Dawn Miller
Ivy Miller
Joan H. Miller
Leigh Minch
Maggie Minnigerode
Maria Miro
Stacy Mitchell
Henry and Verna Mollman
Joanne Montejo
Tyrone Moody
Lisa Moore
Nick Moore
Paris Moore
Porsche Moore
James and Patricia Moore
Steve and Pam Moore
Joe Moreno
Stephen W. Moreno
Frank and Judith Mormino
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Dorothy Morris
Charles T. Morrison
Walter Morrison
Donna D. Mortensen
Charles Moseley
Donna Moser
Carrie Motley

Martha Mudd
Toni C. Mueller
Maureen Muetzelfeld
Kerim Muharemovic
Betty Muich
John J. Muich
Jasmina Mujanovic
Tommy Mulligan
Mimi Mulvihill
Halida Muminovic
Teresa Nacy
Judy Nadeau
Joseph H. Naggi
Kim Nails
Gina Nardoni
Carlton A. Nebel
Darla Neely
Marjorie E. Neininger
Amy Nelson
Vanessa Nelson
Joe Nemic
Amy Neubert
Jimmie New
Theresa Nichting
Ruth Nickel
Patsy Nickens
Melanie Niehaus
Cheryl Nies
Sash Nikolic
Katee Nimmo
Rosie Nixon
Robin Norton
Linda Norwood
Margaret Nunez
Russell Nunnally
Jackie Oakes
Shannon Oaks
Kelly O'Donnell
Kathy O'Hara



Bethesda Barclay House resident George Hendry places his order with server Carmel Gennaro.

Gerry Olliges
 Joanne Onkle
 Jeannie Oprych
 John Ort
 Leona M. Orth
 Edward and
 Bernadette Ortleb
 Richard M. Owens
 Helen Owings
 Norma Pace
 Toya Palmer
 Tammy Palos
 Rebekah Parcel
 Paulette Parks
 Shumeka Parran
 Rita A. Patterson
 LaShonda Patton
 Aaron and Jennifer Pawlitz
 Brittany Penalosa
 Julia Pendleton
 Glenda Pepper
 Bridget Perkins
 Angelea Perry
 Cindy Peterson
 Connie L. Peterson
 Vince Petersen
 Carolyn Phelps
 Dale and Cynthia Phillip
 Linda Phillips-Stephens
 Angie Pickett
 Linda Piel
 Zekija Pilipovic
 Christine Pilson
 Esther Pleitner
 Dawn Poeschl
 Iris K. Pohlman
 Kim A. Pollard
 Jeanine Pollion
 Mary Pontello
 Angie Pooker

Jen Popp
 Pat Porter
 Jim Portman
 Lisa Posey
 Doris A. Potts
 LaKeshia Powers
 Denise Preston
 Trudy Prewitt
 Emily Price
 Jim Probst
 Dave Proctor
 Meghann Proctor
 Trudy Pruitt
 April Puckett
 Richard Puckett
 Amir Pulic
 Jane C. Purcell
 Paulette Pyles
 Quest Diagnostics
 Lawrence and Susan Quick
 Diane E. Rabin
 William and Bertie Rader
 Connie R. Ramsey
 Joyce Range
 Marlene M. Rankey
 Francis and Georgia Rankin
 Ahmed Raoof
 Linda Rash
 Jameelah Rasheed
 Maria Ratnaraj
 Kelly Rechtlich
 Jesse Rector
 Barbara Reed
 Mamie Reed
 Florence L. Rees
 Mary O. Renshaw
 John and Roberts Ressler
 Margaret Rice
 Michael Richards
 Mary Richardson

Tammy Riggins
 Thomas and Susan Riggs
 Brenda Ripp
 Dorothy S. Ritts
 Norma Roberson
 Christy Roberts
 Georgiana Roberts
 Jose Robinson
 Luevenia Robinson
 Robert Robinson
 Taneka Robinson
 Mandi Rodenhofer
 Angelo Rogan
 David and Karen
 Rosenquist
 William and Elfrieda
 Roth-Roffy
 Gloria Rowe
 Victor Royal, Jr.
 Maynard Rozeboom
 Patti Rudolph
 Felisa Ruffion
 John and Ann Rutledge
 John Ruyter
 Audrey Ruzicka
 Edmond and Mary
 Ann Ryan
 Dale Sager
 St. Louis County
 Sheriff's Office
 St. Louis University
 Controller's Office
 Ashley Samuel
 Michelle Sanker
 Fatima Sarajlija
 Jacquelyn Sassi
 Gerald L. Sauer
 Monique Sayers
 Edna R. Scates
 Roy and Linda Schauble

Greg R. Schauman
 Kat Scherry
 Brian Schierding
 Bernard J. Schloemer
 Colleen Schmelzle
 Harry and Violet Schmidt
 Laura Schmidt
 Sharon Schmidt
 Steve Schmidt
 Rosemary E. Schmidt
 Liz Schmierbach
 Tom Schneider
 Linda Schreck
 Arthur D. Schulman
 James Schumacher
 Candice R. Schwarz
 Roberta J. Schweisguth
 Resul Seferovic
 Benigna Setien
 Norman and Susan Sewing
 Tanyette Shannon
 Melissa Sharamitaro
 Carleen Sharp
 Keith Sharp
 Laketa Sharp
 Cindy Shaw
 Joe Shaw
 Ashley Shelton
 Kristen Shewmaker
 Cedric-James Short
 Mark F. Shull
 Edmond and Gene Siefert
 Jan Simmering
 Chrissy Simmons
 Mason Sims
 Tyreesa Sims
 Irene Sit
 Robert Sit Ng
 Carol Slaughter
 Joy M. Slezak



*Bethesda Meadow Food
 Service aide Araceli
 Fabros with resident
 Helen Jones.*

Balaun Sloan
 David Smith
 Dominique Smith
 Fran Smith
 James W. Smith
 Jill Smith
 Karen Smith
 Marlon Smith
 Natalie Smith
 Shirley Snelson
 Maureen P. Sobol
 Fred and Theresa Solomon
 Speculative
 Investment Club
 Hosea Ssesanga

T H A N K Y O U F O R Y O U R G E N E R O U S S U P P O R T

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Debbie Stewart
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Thelma Stewart
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Lee Stolzer
Lisa Stolzer
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Dannon Stover
Donna Stover
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Aida Strikovic
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Joel Surret
Connie Sutherland
Frances Svezia
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Elsie Swarringim
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Dona Tankersley
Cathy Taylor
Denise Taylor
Lewis Taylor

Naomi Taylor
Vickie Taylor
Michelle Terry
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Corey Thomas
Frances Thomas
Lawanda Thomas
Linda Thomas
Tiffany Thomas
Pamela L. Thornhill
Janet Thurman
Verneka Thurmon
Kathy Timple
Michelle Torio
Nat Tourville
Sallie Towns
Wendy Trauth
Glenda Treadway
Edward and Joan Trenz
Steve and Sharon Trenz
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Susan Trout
Jennifer Trudeau
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Shannon Tuggle
Riva Turner
Rick Tweedy
Tyco
Agnes Uberas
Latasha Vail
Linda M. Valenza
Shirley M. Valley
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Maggie Van Dover
Linda D. Varner
Marissa Vaughn
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Stephanie Velten
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Ed Wade
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Shelly Wagner
Thomas and Janet Wakelam
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Shirley Walz
Lisa W. Ward
Don Warmbrodt
Jackie Washington
Howard and Gloria Watson
Tomeika Watson
Tiffany E. Webster
Ray A. Wegman
Alverda M. Wehrsten
Derrick Weisbrod
Jennifer Weisenburg
Norman and Dolores
 Wenneker
Mary Wessel
Marcus Westfall
Allan O. Wetzel
Shelley Whisler

Sajuada White
Shelly White
Sonya White
Alice Ann Whitney
Pam Whittaker
LaVonda Whittington
Nancy Wiber
Rhonda Widmer
Tammy Wiedner
Linda Wiegner
Pat Wigand
Frank and Kay Wildhaber
Sarah Wildt
Steve Wilk
Kathy L. Williams
Mary Williams
Wendy Williams
Zachary Williams
Edna Willis
Mary Wills
Faith Wilson
Sheila Wilson
Dolores Wiltshire
Nancy Wind
Lori Winker
Keith Witt
Edith Wohldmann
Gerad A. Wolf
Ruthann Wolz
Clarence and Chloe Wood
Amanda Wright

Loretta Wright
Deborah L. Wynn
James W. Yerkes
Jeanette Young
Mary Lou Young
Opal Young
Scott Young
Tracey Young
Arnie Yzermans
Norma J. Zachritz
Susan Zahra
Maribel Zanti
Sandie Zanzie
Margaret Zemenick
Brad Zerr
Marilyn Zimmerle
Sharon Zimmerman
Margaret Zemenick
Marie A. Zucchero

Matching Gifts

Mutual of America
Northern Trust
Pfizer Foundation
Tyco

Inkind Gifts

Henry W. Kipp
Esta Meyer
Ahmed Raof
John and Jackie Shillington
John W. Rowe

In Honor Of

Lois Adcock
Avalyn McGinley

Virginia Altheide

John D. Altheide

*Christy Terry, a member of Bethesda
Dilworth's Activities team, takes
fresh-baked cookies out of the oven.*



Amy Ayers
Judy Carleton

Helen Bascomb
Carl and Lucia Bossert

Edmunda (Mandy) Black
Rodger and Renay Hardy

Lois Brackman
Marcia Brackman

John R. Breihan
Antoinette C. Breihan

Joe Brinker and Family
Augusta T. Feehan

Martha Ann Callier
Dennis and Cindy Callier

Martin Carignan
Tom Carignan

Doris Clark
Larry and Colleen Eaves

Jim and Ann Cook
Ann Larson

Kathleen Conway
Irvin P. Howard III

Dolores Culver
Richard and Betty Betts

Wallace Culver
Richard and Betty Betts

Marigene DeRuska
Fruma Kane
Ann Larson
Demeta G. Steppe

Bertha Deutsch
Marlene Rankey

Jean Diehl
Eleanore T. Kenney

Elsie DiLiberto
James and Prudence Yerkes

Ruth Dodd
Mr. and Mrs. Harry L.
Strachan

Louise Douglas
Donald and Shirley
Denning

*The Charless Home
Administrator,
Michelle Glass, coaxes
resident pet Cosmo
into a trick.*

**Employees at Bethesda
Dilworth—6th Floor**
Clara Leak

**Employees at The
Charless Home**
Gil and Helen Stroback

**Employees at
Bethesda Terrace**
Marion Doutt-Brunk

Maxine D. Endres
Donald and Wanda L.
Hartman

Susan Fadem
Ethel Dimont

Gussie Feehan
Edmund S. Beckette
Betty J. Bohren
Antoinette C. Breihan
Joseph and Susan J. Brinker
Rose Tropp Brown
Lois L. Duggins
B. Everett and Jane Gray
Mary Katzenstein
Mary C. Klostermeier
Henry E. Mollman
Jane C. Purcell
Marcia Quint

Sabina Ferrari
Jean Kautzman

Martha Ferringier
Hugh Ferringier

Lois Filippello
A. Nicholas and Abigail
Filippello

Lucille Frentzel
Robert and Lois Frentzel

**Howard and
Rosella Gleason**
John Rowe

Anne Goetz
Jeffrey Goetz

Nila Goforth
William and Bertie Rader

Danny Golterman
Edward Golterman

Julie Good
Jacqueline R. Kelley

Sylvia Heil
Fritz Heil

Erna Hoffman
Marilyn McDonald

Steven Hopkins
Howard and Gloria Watson

Maryann Horace
Karen Bedell

Virginia Hughes
Joan M. McCarthy

Hazel Jones
John and Carla Juelfs

Caroline Judd
Lawrence and Jean Keller

Eleanore Kenney
Jean T. Diehl

Marian Kirby
Nancy Kirby
Charles Moseley

Velma Kirtman
Michael and
Patricia McGinnis

Euphemia Klueppel
Ann Klein

Elizabeth Korte
The Korte Family

Margaret J. Kraus
David Kraus

Thelma Lindsey
Patricia Brooks

Pat Meier
Allan O. Wetzell

Lena Mittino
Gloria Merlotti

Justine Miller
James and Sherry Noonan

Rubina Muich
Geraldine Gosik

Joyce J. Naggi
Joseph H. Naggi

Alison Newell
Howard and Gloria Watson

Evangeline O'Leary
David and Kathleen George





T H A N K Y O U F O R Y O U R G E N E R O U S S U P P O R T

Bethesda Dilworth nurses (l to r) Connie Moore, LPN; Sharon Conway, CMT; and Dawn Miller, LPN, Nurse Manager, confer at the nurses station on the second floor.

Lena K. Page
William Page

Esther Pleitner
John and Roberta Ressler

Jean Quinn
James and Patricia Moore

Louise Rettig
David Smith

Angie Riggs
Geraldine Lange
Thomas and Susan Riggs

Vivian Ross
John and Ann Rutledge

Rita Sauer
Gerald Sauer

Dolores Schloemer
Mr. and Mrs. Bernard
Schloemer

Rose C. Schmitt
Eileen Rogers
Margaret Zemenick

Norma Schmucker
Roy and Linda Schauble

Elizabeth Scott
Bobbie Scott

James Sertl
Bethesda Women's Board

Frances Thomas
Henryetta N. Knobel

Helen Tunno
William and JoAnn Jones

Katherine Anne Viglioni
John Rowe

Doris Wachter
Lola House
Noami Taylor

Esther Wagner
Elmer B. Wagner

The Rob Watson Family
Howard and Gloria Watson

Dorothy Wegener
Thomas and Janet Wakelam

Ida Wiese
Mr. and Mrs. Melvin
Drysdales

Joan and Bill Wilson
The Wilson Family

Virginia K. Wolf
Gerard Wolf

**In Memory Of
Delores Albrecht**
Melba Jean Cookston

Nancy S. D'Arcy
The Breakfast Club
Jackie Colvis
Gloria Griffero
Linda Holsapple
Ruth Hurlihy
Bruce and Betty
Schermen
Ilsa Simpson

Arlette Mann
Terry and Nancy Baker
Melba Cookston
Harold and Patricia Darnall
Adrienne Hutchison
Helen Munoz
Edward and Bernadette
Ortleb

Helen Pogorzelski
Connie R. Ramsey
John Riddle
Mary Helen Riddle
Edmond and Mary Ann
Ryan
Bruce Schermen
Bruce and Jean Sech
Kathleen W. Voelz
Jackie Wegman

Maxine Aldage
Affton Midget Minor
Hockey Team
Edward and Joan Trenz

John Beekman
Janice C. Beekman

Amy Beeler
Bruce and Elisabeth Beeler

Evelyn Brosius
Mary Jane Hill-Wehrle

Joan Burwell
Elizabeth O. Austin
Nancy J. Bengtson
The Ernest Gibson Family
Carolyn Phelps

Grace Campise
James and Jo Ann Cradock

Joséphine Cilufó
Vivian M. Cilufó

John J. Clark
Laverne C. Lael

Louise Claypool
Martha E. Hughes

Theresa Cook
Steve and Pam Moore

Burton Corbett
Nicholas and Mary Lou
Borusiewich
Benitha Bricker
Gaila R. Broking
Carol A. Cary
Thomas and Vade
Henderson
Kathy Holman and
Ed Kniep
Robert and Marie Stallman
William and Ann Sullins

Norbert J. Coughlin
Val L. Sansoucie

Jane Metcalfe Culver
Joseph and Patricia Kapsar

Alice Jean Daugherty
B & B Distributors
Elizabeth Benner
Crystal City School District
Matthew and Gail Knipshild
Jim Knipshild and June
Garrett
Lawrence and Susan Quick
Lisa W. Ward

Etha E. Davis
Bill Bischoff
Charter Communications
Risk Management
John and Maureen Huff
Eugene Johnson
Donald J. Laurentius
Pat McAdams
St. Louis University
Controller's Office
Shirley Snelson
Frank and Kay Wildhaber

Theresa Diehl
Faye S. Compton

Bernice Dieterich
Sharon L. Hawk

Virginia Edwards
Robert S. Edwards

Anita Eisiminger
Jeanette Lincoln



Bethesda Southgate resident Jo Thoele celebrates getting a strike in Wii Bowling with Marsha Jefferson, CNA.

Ellie Ernst

Julia Boswell
Dan and Susan Christie
Chris Dahlstrom
Mr. and Mrs. Ver Dearing
Dr. and Mrs. Charles F. Ernst
Linda E. Ernst
James R. Ernst
James Ernst, Jr.
Susan Grunik
Ronald and Janice Kiehn
Lisa White
Les Rauscher
Jerry and Laurie Twitty
Alan and Janet Wagner

Mary A. Flynn

Mary G. Bard
Bethesda Orchard
Residents' Association
Thomas F. Flynn
Martha E. Hughes
Barbara H. McDowell
Jacquelyn Sassi
Arthur D. Schulman
Jim and Deborah Tucker
Susan M. Wakefield

Helen Gorczyca

Stephen L. Gorczyca

Robert Hahn

Janet Anglo
Richard Davis

Linda M. Diel
Nelda L. Lay
Kim A. Pollard

Audrey M. Hardy

Sandy Luechtefeld
Sue Martin

Sam Hillmeyer

Eleanore T. Kenney

Eleanor Honig

David and Ginger Estep

Steven Hopkins

Howard and Gloria Watson

Gordon W. Huneke

Marjorie E. Neiningering

Oliver E. Josias

Jim and Kathy Conway

Caroline Judd

Dottie Bates
Pat DeHater
Donna D. Mortensen

Walter Karcher

Lillian Karcher

Harold Kelly

Gertrude Kelly

Melba Key

Peter and Susan Krombach

Lillian Koester

Lawrence and Jean Keller

Bernice E. Kohl

Mel and Ruth Kohl

Evelyn R. Kunkler

Priscilla Graham
Connie L. Peterson

Larry W. Meyers

Densil J. Kille
Marjorie E. Neiningering

Al Muetzelfeld

Maureen Muetzelfeld
Tom Schneider
Tyco

Marge Munger

Albert Borzillo
Lillian Braun
James M. Cymbor
Carla DeLaurelle
Margaret A. Frasca
Marian Harris
Virginia L. Landers
Manchester Elks
Lodge #2058
Evelyn L. Mann
St. Louis County
Sheriff's Office
James W. Smith
Ray A. Wegman

Illene Niemczyk

Audrey Buchholz

John and Nancy Conkovich
Stephen and Phyllis Dudak
Christine R. Kelly
Victor Royal
Lisa Stark
Edward A. Sztukowski
Mary J. Villani

Katherine Nunnally

Russell Nunnally

Rosemarie Ollio

Frances Burns

Carlene Katie Owens

Larry and Sheila
Cunningham
James and Jane Davis
Wilbert E. Engel
Ronda K. Heaton

Doris C. Pacatte

Joseph and Patricia Kapsar

John E. Peters

Mary Ann Doering
Martha Fowler
Lorraine M. Klasek
Thelma M. McKeever
Angela M. Walsh

Sophie Potocnjak

Dolores J. Courtney

Doris Quint

Kevin and Marcia Quint

Robert A. Ravensberg

Sally S. Lilly

H. Dale Rees

Vincent J. Baccala
Joseph V. Gleich
Carolyn A. Langer
Dale Massner
Florence L. Rees

Mary Reznick

Faculty and Staff of
Affton High School

Margaret Rooney

Jack Christophel

Mary N. Rosemann

Frank and Joan
DeFrancesco
William M. Giles
Leona M. Orth
Norman and Dolores
Wenneker
Clarence and Chloe Wood

Eavis H. Rosenquist

Anne Bartlett
Russyl and Carol
Emberland
Ellen D. Mayes
Fred McCarthy
Bill McCarthy
David and Karen
Rosenquist
James Schumacher
and Mary Roberts
Christa R. Tucker

Betty Wolfe Russell Schlapp

Joseph and Patricia Kapsar
Richard C. Mueller

T H A N K Y O U F O R Y O U R G E N E R O U S S U P P O R T

**Audrey Gardner
Schumacher**

Kristina Frerichs Kempin

Helen Schutzius

August and Joyce Frenzel
Rodney and Nancy
McKenzie
Mr. and Mrs. Keith Witt

John Sedej

Norma Sedej

Kathleen Seitz

David and Marilyn Bell
Richard and Linda Kohm
James P. Lawless
Bruce and Carol McCourt
Stephen and Sandra
Moreno
Mark and Rebecca Shull

Georgia Sellers

Greater St. Louis Training
Club, Inc.
Thomas P. McDonald

Jean Sherman

George H. Curtis

Charles Stremsterfer

Charlotte Stremsterfer

Frances "Babs" Stirrat

Iona L. Baldwin
Gorman & Gorman
David and Karen Ann Keske

Magdalena Stoecker

Magdalena M. Mahen

Virginia L. Thibodeau

Daniel and Nancy Brenner
Larry and Sandy Chiles
and Family
Debbie Guzenski
Joan H. Miller
Keith and Barb
Sanguinet and Family

Linda M. Valenza

John J. Volpo
Gary and Tammy Wallace
Rick Wallace

Marianne Thomas

Joseph and Susan Brinker
Val L. Sansoucie

Velma Thompson

Joseph and Patricia Kapsar

Elizabeth A. Todd

William and Elfrieda
Roth-Roffy

Floris Turek

Norman and Susan Sewing

Inez Turner

Grace W. Cotton
Phillip and Linda Turner

Sara Weathers

Shirley A. Bocek
Paul and Patricia Brown
Gerald and Rebecca Butler
Faye S. Compton
Harry and Marilyn Dillon

Betsy Heck
Della Jenkins
James and Deborah K.
Lehman
Dorothy Ritts
Maureen P. Sobol
Priscilla J. Steele
Linda Varner
Marilyn Weatherford

Elmer Wiltsch

Ronald and Lena Barkey
David Barkey
David Barkey, Sr.
Dorene Robertson
Joseph and Jean Bauer
Mary Frances Bristow
John and Joyce Clemens
David and Mary Coleman
First Presbyterian Church of
Kirkwood
Robert J. Gaddy
General Electric Company
Gertrude Groham
Robert and Alice Guignon
Lorraine Harkins
Donald A. Hong
Quest Diagnostics
William and Elfrieda
Roth-Roffy
Roberta J. Schweisguth
Speculative Investment
Club



Ding-a-Lings have been a volunteer singing group at Bethesda Dilworth for more than 25 years. They sing for residents on alternating floors and during lunch in the Dining Room every Thursday.

Ding-a-Lings (left to right) Joyce Byers Hines, Nancy LaTourette, Herald Hamann, Anna Terner, Jerry Kornfeld (a resident), Loretta Keller (also a Switchboard Operator for Dilworth), George D'Arcy, Judy Doyle, Jim Ginn, Carol Oppenheim, Karen Fletcher (Activities Assistant played the piano that day), and Annie Williamson.

Members of the Ding-a-Lings not pictured include: Teri Brady, Bo Bruce, Mary Butler, Candace Culinane, John Kelly, Ken Pourcho, Genia Rogers, Gerrie Severson, Florence Jenicek, Peggy Kirkwood, Teri Brady, Mary Lee Wright, and Marie Zucchero (plays the piano for the group).

Financial Report

Charity Care and Community Services

In support of its mission, the Corporation provides services to residents who lack the financial resources to pay established rates. In addition, the Corporation provides services to residents, which are paid for by the Medicaid and Medicare programs. These programs pay the Corporation less than established rates for the services provided to these residents.

The following is a summary of the uncompensated charges related to these services for the years ended June 30, 2007 and 2006:

	2007	2006
Medicaid	\$ 5,749,922	\$ 5,565,370
Medicare	861,198	917,926
Charity	586,945	824,523
<hr/>		
Total charity care and community services	\$ 7,198,065	\$ 7,307,819

Bethesda Health Group, Inc. and Subsidiaries Combined Balance Sheets

June 30, 2007 and 2006

	2007	2006
ASSETS		
Current assets		
Cash and cash equivalents	\$ 1,623,227	\$ 1,364,774
Assets limited as to use	9,203,648	8,432,245
Service accounts receivable, net of the estimated allowance for uncollectible accounts of \$800,000 for 2007 and 2006	1,355,116	1,030,820
Other current assets	1,051,047	1,607,796
<hr/>		
Total current assets	13,233,038	12,435,635
Assets limited as to use		
Assets limited as to use, net of amount required to meet current obligations	83,899,683	85,595,402
Property, plant and equipment, net		
	91,503,378	87,373,207
Other assets		
	1,187,185	1,103,202
<hr/>		
Total assets	\$189,823,284	\$186,507,446
LIABILITIES AND NET ASSETS		
Current liabilities		
Current maturities of long-term debt	\$ 1,005,000	\$ 955,000
Accounts payable	1,840,929	1,760,850
Accrued expenses	4,730,098	4,113,831
Other current liabilities	1,627,621	1,602,564
<hr/>		
Total current liabilities	9,203,648	8,432,245
Long-term debt, less current maturities		
	69,550,000	70,555,000
Life residents' fees	35,695,212	34,146,847
Other liabilities	2,909,333	4,323,347
<hr/>		
Total liabilities	117,358,193	117,457,439
Net Assets		
Unrestricted	69,826,044	65,185,594
Temporarily restricted	2,639,047	3,864,413
<hr/>		
Total net assets	72,465,091	69,050,007
<hr/>		
Total liabilities and net assets	\$189,823,284	\$186,507,446

Bethesda Health Group, Inc. and Subsidiaries Combined Statements of Operations

Years Ended June 30, 2007 and 2006

	2007	2006
Unrestricted revenues, gains and other support		
Net service revenue	\$50,287,816	\$45,149,097
Other revenue and gains	7,915,926	8,485,847
Contributions	140,433	138,414
Net assets released from restrictions used for operations	1,301,282	69,285
Total revenues, gains and other support	59,645,457	53,842,643
Expenses		
Professional care	23,554,024	21,034,297
Dietary services	6,421,681	5,638,172
General services	7,925,841	7,166,366
Administrative services	8,765,342	7,430,419
Employee health and welfare	3,271,973	4,225,930
Depreciation	5,177,573	4,742,817
Interest	3,173,498	2,828,284
Provision for uncollectible accounts	114,322	249,131
Total expenses	58,404,254	53,315,416
Operating income	1,241,203	527,227
Change in net unrealized gains of assets limited as to use	4,067,726	446,911
Change in net unrealized gains (losses) of interest rate swaps	(62,157)	3,347,638
Effect of adopting provisions of FAS 158	(606,322)	—
Increase in unrestricted net assets	\$ 4,640,450	\$ 4,321,776

Bethesda Meadow resident Velma Kirtman and her daughter, Pat McGinnis, share their reasons for supporting the Bethesda Meadow Promenade with charitable donations at the Dedication Ceremony.



Management Team and Board of Directors

Management Team

John W. Rowe,
President & Chief
Executive Officer

Joseph J. Brinker,
Executive Vice President
and Chief Operating Officer

R. Kenneth Bass, Jr.,
Senior Vice President,
Senior Living

Donald J. Cognata,
Senior Vice President,
Administrative Services

Steven L. Gosik,
Senior Vice President
and Chief Financial Officer

Katherine E. Joslin,
Senior Vice President,
Human Resources and
Marketing

Patricia P. Kapsar,
Senior Vice President and
Corporate Compliance
Officer

Alphonse D. Poelker,
Senior Vice President,
Long Term Care

Christine E. Crouch,
Vice President and
Administrator

Muriel C. Van Oordt,
Vice President and
Administrator

Timothy L. Vosse
Vice President and
Director of Finance

Board of Directors

John W. McClure,
Chairman

John W. Rowe,
President & Chief
Executive Officer

George W. Clements, Jr.,
Vice Chairman

Fred H. Perabo,
Secretary

Richard C. Mueller, Jr.,
Treasurer

John P. Baird

Joseph E. Birk, Jr.

Marian F. Clifford

Thomas R. Collins

David M. Culver

James H. Esther, M.D.

Kenneth J. Kolkmeier

Peter B. Krombach

Susan G. Moore

Elizabeth G. (Betty) Sims



Bethesda Health Group has earned high marks from reviewing agencies, such as the Better Business Bureau's Wise Giving Alliance. In fact, Bethesda is one of the very few senior care providers in the nation that has met the BBB's standards.



Bethesda Health Group, Inc.

1630 Des Peres Road, Suite 290
St. Louis, MO 63131
www.bethesdahealth.org

Bethesda Independent Living Residences

Bethesda Barclay House
230 S. Brentwood Blvd.
Clayton, MO 63105
(314) 725-1000

Bethesda Gardens
420 S. Kirkwood Road
Kirkwood, MO 63122
(314) 965-8100

Bethesda Orchard
21 N. Old Orchard Ave.
Webster Groves, MO 63119
(314) 963-2100

The Oaks at Bethesda
Big Bend, West of Berry Road
Oakland, MO 63122
(314) 965-8100

Bethesda Terrace
2535 Oakmont Terrace Dr.
Oakville, MO 63129
(314) 846-6400

Residential, Assisted and Skilled Care

The Charless Home
4431 South Broadway
St. Louis, MO 63111
(314) 481-4840

Bethesda Skilled Nursing Residences

Bethesda Dilworth
9645 Big Bend Blvd.
Oakland, MO 63122
(314) 968-5460

Bethesda Meadow
322 Old State Road
Ellisville, MO 63021
(636) 227-3431

Bethesda Southgate
5943 Telegraph Road
Oakville, MO 63129
(314) 846-2000

Bethesda Home and Community-Based Services

Bethesda Adult Day Club
9645 Big Bend Blvd.
Oakland, MO 63122
(314) 446-2103

Bethesda Hospice Care
8175 Big Bend Blvd., Suite 200
Webster Groves, MO 63119
(314) 446-0623

Bethesda Private Duty Home Care
8175 Big Bend Blvd., Suite 202
Webster Groves, MO 63119
(314) 446-0700

Bethesda Transitional Care
1630 Des Peres Road, Suite 290
St. Louis, MO 63131
(314) 277-9959

St. Andrews & Bethesda Home Health
8175 Big Bend Blvd., Suite 150
Webster Groves, MO 63119
(314) 218-2600

Your Gift Supports St. Louis Seniors

We invite you to make a tax-deductible donation to the Bethesda Health Group Foundation. Your charitable contribution supports the mission of the Bethesda Health Group Foundation to provide benevolent care for our residents who require financial assistance; to foster the development of new or enhanced senior programs; and to fund capital improvements at our senior residences. The gift you make today directly benefits our residents and enables us to provide a true quality of life through excellent and compassionate care. A gift envelope is enclosed. We are sincerely grateful for your support.

Bethesda Health Group Foundation

Bethesda Legacy Society

Bethesda Tribute and Memorial Gifts

1630 Des Peres Road, Suite 290
St. Louis, MO 63131
(314) 800-1988

BETHESDA
HEALTH GROUP



Bethesda Health Group, Inc.
1630 Des Peres Road, Suite 290
St. Louis, MO 63131
www.bethesdahealth.org



EQUAL HOUSING
OPPORTUNITY