

HERE'S WHY YOU SHOULD BE A ...

# **BETHESDA** *Hospice Care*



## **VOLUNTEERING ALLOWS YOU TO...**

- Help others
- Make a difference
- Find purpose
- Enjoy a meaningful conversation
- Connect with your community
- Feel involved
- Contribute to a cause that you care about
- Use your skills in a helpful way
- Develop new skills
- Learn about others
- Learn about yourself
- Explore new interests
- Meet good people
- Surprise yourself
- Expand your horizons
- Get out of the house
- Make new friends
- Strengthen your resume
- Feel good about yourself

## **WHAT KIND OF VOLUNTEER OPPORTUNITIES ARE THERE?**

### **NODA Trained Volunteers**

A "No One Dies Alone" volunteer provides on-call companionship to patients who have reached the final moments of life to ensure that they have a caring presence in the room at all times.

### **Veteran Volunteers**

Veterans have an array of opportunities from providing unique companionship for veteran hospice patients to participating in our Honor Escort Ceremonies.

### **Office Volunteers**

Help provide clerical assistance with hospice and bereavement mailings, filing, and organization.

### **Face to face visits with patients**

Provide companionship, read, sing, pray, listen to music, and provide a caring presence to those who are nearing end-of-life.

### **Provide respite care to families**

Knowing that a loved one is in the company of a caring volunteer often offers families a break to run errands, make arrangements, or catch up on some rest.

For more information about volunteering, please contact:

**Julie Strassman, M.Div. – Volunteer Coordinator**

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